## GILLIAN FOX GROUP





The High Performance Leadership Coaching Program transforms leadership potential into high-performing leaders.

- Five-month program
- Results-driven techniques presented
- Facilitated by one of the country's leading executive coaches



## ACCELERATE THE LEADERSHIP TALENT IN YOUR TEAM

The High Performance Leadership Coaching Program uses proven techniques and research to transform talented managers into confident and persuasive leaders.

The in-depth and intensive nature of the program enables sponsors to see immediate results from their participating talent, and to benefit from a personalised approach that aligns with their organisation's goals.

The program works by breaking down the common barriers blocking leadership success, and empowering participants to take charge of their strengths, weaknesses and their careers.

Facilitated by leading executive coach Gillian Fox, it builds on a long tradition of successful programs that have transformed leaders all over the world.

### WHAT TRANSFORMATION WILL WE SEE?

Leaders finish the program with a new sense of ownership: for driving high-performing teams; achieving their organisation's goals; and taking charge of their careers.

These leaders leave with strategies to continually tap their leadership capabilities in line with their employer's priorities and objectives, and to take full control of their strengths and weaknesses.





"GILLIAN FACILITATES AND COACHES IN A WAY THAT DRIVES **INDIVIDUAL** RESULTS. SHE IS COMPELLING, **EARNEST AND** CONNECTS WELL WITH A SOPHISTICATED GROUP OF SENIOR PROFESSIONALS. HER **PROGRAM DESIGN AND DELIVERY** HAS BEEN WIDELY **ACKNOWLEDGED BY PARTICIPANTS** AS ONE OF THE BEST THEY'VE PARTICIPATED IN."

**AMANDA DOBBIE**Former CEO, WIBF

#### **HOW DOES IT WORK?**

Over a five-month intensive program, participants attend an initial group session unpacking the roadblocks to leadership advancement, before attending four individual executive coaching sessions to identify their strengths and address their improvement areas. Participants have access to their coach Gillian Fox over phone, email or face-to-face throughout the entire program.

This integrated and intensive approach enables talented managers to address their leadership capabilities in the context of their more immediate workplace and business goals.

The program empowers participants to take personal accountability for their actions, and to employ a variety of methods and techniques for continued leadership development.

#### OVERCOME THE ROADBLOCKS

Through years of research and training, we've identified three main roadblocks to leadership effectiveness:

- » Not being mentally tough
- » Not staying aligned to the things that matter most
- » Not driving results through others

Each of these roadblocks can be overcome by identifying when and why they occur, as well as how they impede great leadership. Participants leave with an action plan for understanding these roadblocks, and for learning by doing.

#### **HOW DOES THE TRANSFORMATION HAPPEN?**

- » Participants attend an initial Group Session outlining the three roadblocks to leadership effectiveness, how to take charge of their career and role as a leader, and goals for the program
- Participants then attend four personalised executive coaching sessions, offering feedback that fits their style and preference, and supportive dialogue that underpins their journey towards personal accountability.
- » Participants benefit from a detailed self-assessment revealing their reputation, value in the organisation, how others see their strengths and where they need to focus their self development.

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"GILLIAN IS INSIGHTFUL,
INTELLIGENT AND INTUITIVE IN
HER COACHING STYLE. SHE IS
SERIOUS ABOUT EXPLORING
HOW LEADERS CAN ACHIEVE
A HIGHER LEVEL OF
PERFORMANCE IN THE
WORKPLACE. HER
APPROACH IS DIRECT, CLEAR
AND WELL-STRUCTURED."
General Manager Lifestyle
Channels, FOXTEL

#### WHO IS THE FACILITATOR?

Gillian Fox transforms great potential into excellent leaders who make organisisations better.

She does this with results-driven coaching programs, developed through extensive research on high-achievers as well as her own corporate leadership career.

It's an approach that works, with program alumni consistently attributing promotions and improved performance to the company Gillian founded, Gillian Fox Group.

Gillian's leadership programs have excelled managers in Australia's largest corporations and retailers, including Telstra, Macquarie Bank, Morgan Stanley, News Corp., Foxtel, Clorox and Wrigley.

She's also assisted state government and public sector clients with 'lead change' programs and implemented programs internationally for Microsoft.

Gillian's corporate career saw her appointed the first female National Sales Director at Pacific Magazines, responsible for managing over 100 employees. She's spent the past 10 years as an entrepreneur, founding and building a number of large consulting businesses.

Gillian challenges mindsets, builds resilience and pushes for peak performance. She guides individuals through the transformations they need to become high achieving leaders.

Ready to start the transformation? Read more and register online at www.gillianfox.com.au